



# *Pawsitively Pawesome Fun for You and Your Furry Friend!*

*"Tasty Recipes and Fun Games to Enjoy Together"*



# YUMMY TREATS FOR YOUR PUP

## 1. Barktastic Banana Peanut Butter Cookies

### Ingredients:

- 1 mashed banana
- 1/2 cup peanut butter (make sure it's xylitol-free)
- 1 cup whole wheat flour
- 1/4 cup oats
- Water (as needed for dough)

### Instructions:

1. Preheat your oven to 350°F (175°C).
2. In a mixing bowl, combine the mashed banana and peanut butter.
3. Gradually add the whole wheat flour and oats, mixing until a dough forms. If too dry, add water a tablespoon at a time.
4. Roll out the dough and cut it into fun shapes using cookie cutters.
5. Place on a baking sheet and bake for about 15-20 minutes until golden.
6. Let them cool before serving to your dog.

## 2. Carrot & Apple Doggie Delights

### Ingredients:

- 1 cup grated carrots
- 1 cup grated apple (remove seeds)
- 1 1/2 cups whole wheat flour
- 1/4 cup oats
- 1 egg
- 1/4 cup water

### Instructions:

1. Preheat the oven to 350°F (175°C).
2. In a bowl, mix the grated carrots and apple.
3. Add the flour and oats, and then mix in the egg and water until you have a dough.
4. Roll out the dough and cut into shapes.
5. Place on a baking sheet and bake for 20 minutes or until firm.
6. Allow to cool before serving to your furry friend.





# FUN ACTIVITIES FOR KIDO AND DOGO

## 1. Treasure Hunt

- **How to Play:**
  - Hide your dog's favorite toys or treats around the yard or house.
  - Encourage your dog to find them by saying, “Find it!”
  - As your dog sniffs out the hidden treasures, cheer them on and enjoy the excitement!
- **Benefits:** This game engages your dog’s natural instincts and helps improve their sense of smell while providing physical exercise.

## 2. Obstacle Course Challenge

- **How to Play:**
  - Set up a mini obstacle course in your backyard or a spacious area using items like cones, tunnels (cardboard boxes), and chairs.
  - Show your dog how to navigate the course, guiding them with treats.
  - Time them as they go through the course, and then try to beat their previous time!
- **Benefits:** This activity promotes agility, coordination, and bonding time between you and your dog while also keeping them active.

